

Goal Setting for Success in 2015



What were your three big goals last year?

1) _____

2) _____

3) _____

Did you reach them? Why or why not?

List your goals for 2015 - Be Specific.

	Goal	Why Is This Goal Important?
1.		
2.		
3.		

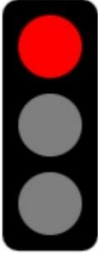


What are 3-5 key actions or milestones you will accomplish to make your vision happen?

1.	
2.	
3.	
4.	
5.	

What do you need to stop doing in 2015 that is sabotaging your success?

What do you need to START doing that will ensure you reach your goals in 2015?

What do you need to continue doing that worked really well for you?

 1	<p>STOP!</p> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>
 2	<p>START!</p> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>
 3	<p>CONTINUE!</p> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>